

CROWNE FITNESS SPA MENU



MASSAGE TREATMENT RELAX, REFRESH, REJOICE & REJUVINATE

Classic Swedish

A relaxing and energizing massage with gentle, rhythmic, tapping strokes on topmost layers of muscles for relaxation and tension relief

60/90 Min 450/550

Traditional Thai

An ancient healing practice applying gentle pressure and stretching techniques to relax the whole body

60/90 Min 525/630

Swedish & Thai

A combination technique focused on enhancing the energy flow and relaxation to relieve stress and muscle pain

60/90 Min 525/630

Aromatherapy Massage

Therapeutic massage using essential oils for relaxation, improve health and emotional wellbeing and restore balance to the body

60/90 Min 430/530

Deep Tissue

Strong, intense pressure by applying slow, deep strokes targeting inner layers of your muscles and connective tissues to ease tensions

60/90 Min 525/630

Hot Stone Massage

A specialist massage using smooth, flat, heated stones to relax tense muscles, aiding pain relief, promoting sleep & improve circulation

60/90 Min 470/625

Four Hand Massage

Fall into a deeper state of relaxation with a uniquely synchronized, simultaneous movement, relieve tension and improving blood flow

60/90 Min 575/785

Hot Oil Massage

Therapeutic massage widely in various cultures for thousands of years to release tension, stress and feel rejuvenated and recharged

60/90 Min 480/570



Foot Massage

Foot massage improves circulation, stimulates muscles, reduces tension, and eases pain

REJOICE RITUALS MINI TREATMENT

30 Min 175

Back Therapy

Improves blood circulation, which aids in recovery of muscle soreness from physical activity

30 Min 175

Head, Neck & Shoulder

Eliminate the tension and the spasms from the muscles, improve circulation as well as encouraging relaxation

30 Min 175

Sea Salt

A body scrub cleanses skin through exfoliation, increases blood circulation and which helps boost the health and radiant skin

BODY EXFOLIATION MINI TREATMENT

30 Min 185

Crowne Couple Escape

A renewing massage designed to release tense muscles and relax the entire body. Treatment is taken together in the comfort, privacy and luxury of our couple's room. Enjoy an in-room steam prior to your treatment starting. This invigorating massage instills a deep feeling of relaxation and effectively releases stress.

CROWNE EXPERIENCE SPA PACKAGE

60/90 Min 575/785

Crowne Passage

Awaken your senses with an invigorating body exfoliation regimen meant to revitalize, relinquish toxins and prepare for the day to come; your stresses are eased out with a soothing massage.

90 Min 175

Crowne Journey

A top-to-toe experience, this all-encompassing face and body program is designed to provide immediate, visible results and extreme relaxation. Take a journey to rejuvenate your senses with exfoliation, a soothing massage and a facial.

150 Min 625